

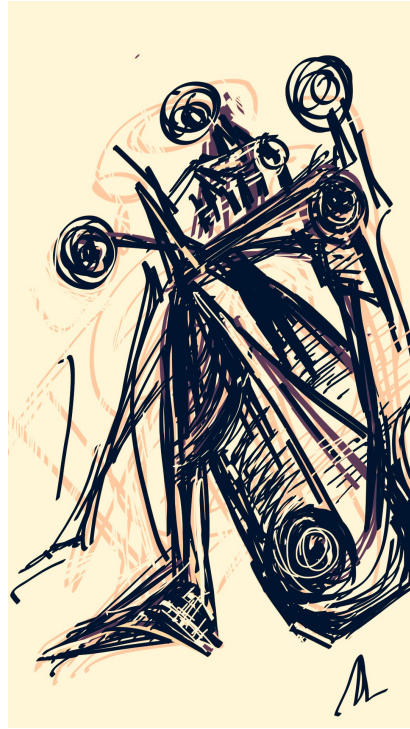
Defining Me

I stumble
I fall
I break
I mend
I get back up

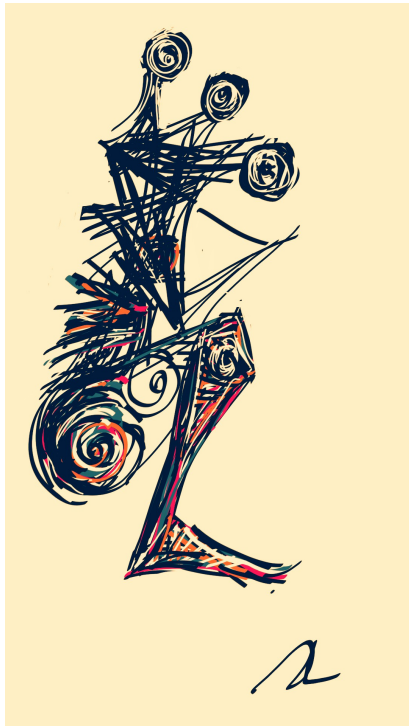
I keep stumbling
I keep falling
I keep breaking
I struggle to get back up
I listen...

I feel pain
I burn
I weep
I scream
I listen....

I loose sight
I loose control
I loose me



I ask myself
Who I,
Want me to be?
Need me to be?
Make me to be?



I struggle
I adapt
I alter
I shift
I cope
I listen

I define me
I defy being defined by illness

I the author
I the architect
I the enforcer of my life journey
Define Me

I find me again

I see me now
Do you see me?

Shanali Perera